

# Information



## Welcome to Beachhaven Birkdale Medical

Thank you for entrusting your care to us. We are committed to providing excellent health services in a cost-effective manner.

This sheet gives you instant access to important information regarding our medical practice. Please keep it in a safe place.

### Services

Our clinical team can assist you with all of your healthcare needs. We pride ourselves on modern, convenient and continuous care.

Services include:

- + Regular Checkups
- + Women's Health
- + Family Planning
- + Minor Surgery
- + Repeat Rescriptions
- + Referrals
- + Men's Health
- + Sexual Health
- + Pregnancy Care
- + Travel Medicine
- + Immunisations
- + Specialists

### Doctors

Dr Bhupendra Gurung, Dr John Arcus

### Nurses

Rebekah, Geraldine (Nurse Prescriber)

### Administration

Tracey, Anne, Helen, Adrienne

### Fees

#### Registered Patients

0 — 13 Years	\$0.00
14 — 17 Years	\$55.00
18 — 24 Years	\$60.00
25 — 64 Years	\$74.00
65+ Years	\$68.00

#### Casual Patients

0 — 5 Years	\$30.00
6 — 17 Years	\$70.00
18 — 24 Years	\$80.00
25+ Years	\$100.00

#### CSC Holders

14 — 17 Years	\$13.00
18+ Years	\$20.00

Standard consultations are 15 minutes. Longer consultation times may be available. Please ask for these when booking. Charges apply.

### After Hours Care

Triage nurses are available after hours. If you need assistance during this time, please call **(09) 483 6422**.

Our triage nurses will be able to provide advice or direct you to any other services you may need.

### Enrolment

Enrolling is free and voluntary. If you choose not to enrol you can still receive health care services from your chosen GP, general practice or primary health care services provider.

Advantages of enrolling are that your visits to the doctor will be cheaper and you will have direct access to a range of services linked to the PHO.



You can access your test results via our online patient portal or by calling the practice on **(09) 483 6422**. Please ask reception staff for patient portal instructions should you require these.

## Appointments

Please ring **(09) 483 6422** for an appointment.

Every effort will be made to accommodate your preferred time. However, emergencies will always be given priority.

Our reception staff will attempt to contact you if there are any unforeseen delays or if your GP has been called away.

Longer consultation times may be available. Charges apply.

## Payments

Fees are payable at the time of consultation.

We accept cash, eftpos, cheque, visa, mastercard and online payments. Paywave is also now available.

Fees for enrolled and registered patients are subsidized by the Government for various age groups and services listed at the practice.

Please ask our reception staff for more information.

## Repeat Prescriptions

We are happy to issue repeat prescriptions.

However, we ask that you give us as much advance notice as possible (and at least 24 hours).

Repeat prescriptions do incur a charge and the doctor may need to see you prior to issuing for clinical and/or legal reasons — especially if you are not seeing your regular GP.

Please ask our reception staff for more information.

## Patient Portal

ManageMyHealth is a secure online tool that lets patients manage their health in a modern and convenient manner. Registering is free and simple. Sign up at your next appointment or call us on **(09) 483 6422**. Our reception staff can guide you through the process, and verify your identity, with ease.

## Pharmacies

**Rangatira Unichem** — 340 Rangatira Road, (09) 483 6022 — is open from 9AM to 5:30PM Monday to Thursday, 9AM to 6PM on Fridays and 9AM to 12PM on Saturdays.

The pharmacy is closed on Sundays.

## Personal Information

Your medical record is a confidential document.

It is the policy of this practice to maintain security of personal health information at all times and to ensure that this information is only available to authorised staff members.

## General Information:

**Beachhaven Birkdale Medical**  
330 Rangatira Road  
Beach Haven  
Auckland 0626  
New Zealand

Parking space is available in the carpark behind the practice. Street parking is also available.

Two pharmacies are located within 50m of the practice.

**Please dial 111 in emergencies.**

Weekdays — 8:30AM to 5PM  
Weekends — Closed

Phone: (09) 483 6422

[reception@bbmedical.co.nz](mailto:reception@bbmedical.co.nz)

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